

**V Vegetarian** **VG Vegan** **N Nuts** **H Halal** **GF Gluten Free**

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No service charge is included on your bill. Thank you for understanding & support!

# melody

breakfast • coffee • brunch

  MELODYBISTROO

WWW.MELODYBISTRO.COM

483 Cambridge Heath Rd, E2 9BU

020 3561 2998

## BOWLS

### Orange Zest Granola **V** **N**

Greek yogurt mixed with orange zest and agave, layered with crunchy granola, crushed pistachios, dried cranberries & topped with fresh orange.

### Porridge **VG**

Coconut milk porridge topped with fresh fruits & drizzled with maple syrup.

### Açaí Bowl **VG**

Açaí blend topped with crunchy granola, fresh fruits, & drizzled with maple syrup.

## SIGNATURE BREAKFASTS & BRUNCH

### Menemen **V**

Traditional Turkish-style scrambled eggs cooked with tomatoes, green peppers, & a hint of chilli, seasoned to perfection, served with sourdough.

**Add Feta £2 | Add Sucuk £2.50 | Add Both £4**

### Turkish Eggs (Çilbir) **H**

Three poached eggs & thinly sliced sucuk on a garlicky spinach yogurt drizzled with chilli infused butter, served with sourdough.

### Turkish Tulum Scramble **V**

Fluffy, free range scrambled eggs with Turkish Tulum cheese, served with mixed olives, fresh rocket, tomato, cucumber salad, & sourdough. Creamy. Savoury. Comfort in every bite.

### Melody Full English

Two fried eggs, streaky bacon, cumberland sausage, hashbrown, grilled vine cherry tomato, portobello mushroom, baked beans & sourdough.

### Mediterranean Breeze **H**

Free range scrambled eggs, fresh rocket, tomato, cucumber salad, grilled halloumi, feta, sucuk, borek, mixed olives, homemade jam, ricotta with honeycomb & sourdough.

### Veganized **VG**

Sautéed spinach, avocado, hummus, falafel, vegan sausage, portobello mushroom, grilled vine cherry tomato, baked beans & sourdough.

### Vibrant Veggie **V**

Free range poached eggs, veggie sausage, roasted butternut squash, roasted aubergine, grilled vine cherry tomato, portobello mushroom, hashbrown, baked beans & sourdough.

### Gül's Brunch **H**

Free range poached eggs, avocado, smoked salmon, hashbrown, roasted butternut squash, roasted aubergine, halloumi, portobello mushroom & sourdough.

### Melody Chicken & Waffles **H**

Buttermilk fried chicken stacked on a house-made spinach & sweet potato waffle, topped with a crispy fried egg, turkey rashers, drizzled in maple syrup & served with fresh seasonal fruits.

£7.50

£7.50

£8.50

£12.00

£13.50

£11.50

£14.50

£15.00

£15.00

£14.50

£14.50

£15.50

## SWEET PLATES

### Caramelised Banana French Toast **V** **N**

Challah bread, topped with caramelised banana, crème fraîche, homemade berry compote, crushed walnuts & pistachios, finished with fresh seasonal fruits & maple syrup.

**Add Turkey Rashers £2.80 | Streaky Bacon £2.80**

### Ricotta Pancakes **V** **GF** **N**

Fluffy ricotta pancakes topped with caramelised banana, vanilla mascarpone, our signature caramel sauce, a mix of fresh seasonal fruits, crushed, walnuts & pistachios, drizzled with maple syrup.

**Add Turkey Rashers £2.80 | Streaky Bacon £2.80**

### Spinach & Sweet Potato Waffles **V** **GF** **N**

Housemade waffle infused with spinach & sweet potato, served with fresh seasonal fruits, vanilla mascarpone & drizzled with maple syrup.

£12.50

£12.50

£12.50

## ON SOURDOUGH

### Avocado & Poached Eggs

Avocado and free range poached eggs served on sourdough, with your **choice of turkey rashers, streaky bacon or smoked salmon**.

£12.50

### Avocado, Halloumi & Pomegranate **V**

Avocado with grilled halloumi & a sprinkle of pomegranate seeds, all served on sourdough.

£10.90

### Avocado, Feta, Spinach & Poached Eggs **V**

Avocado layered on sourdough, topped with feta, sautéed spinach & topped with two free range poached eggs.

£12.50

### Scrambled Eggs with Smoked Salmon

Free range scrambled eggs, served on toasted sourdough with a side of smoked salmon & hashbrowns.

£12.00

## BENEDICT'S

### Eggs Benedict

Streaky bacon topped with free range poached eggs & hollandaise sauce, served on English muffin.

£12.50

### Eggs Royale

Smoked salmon and avocado topped with free range poached eggs & hollandaise sauce, served on English muffin.

£12.50

### Eggs Florentine **V**

Sautéed spinach topped with free range poached eggs & hollandaise sauce, served on English muffin.

£12.50

## SALADS

### Greek Salad **V**

A mix of cucumber, tomatoes, red onion, bell peppers, olives, feta, dressed in olive oil, pomegranate dressing & herbs.

£10.50

### Grilled Halloumi Salad **V**

Grilled halloumi served on a bed of crisp lettuce, red onion, juicy tomato, cucumber, avocado, drizzled with our house dressing & topped with crunchy croutons.

£11.50

### Chicken Caesar

Crisp romaine lettuce, croutons, and parmesan cheese, tossed in a rich Caesar dressing & topped with succulent grilled chicken.

£13.00

### Falafel Mezze Bowl **VG**

Crispy falafel drizzled with homemade tahini sauce, served with a vibrant mix of salad, red cabbage, hummus, piyaz, & lavash.

£12.50

## BURGERS

### Melody Burger **H**

A homemade juicy grilled beef burger served in a brioche bun, topped with fresh lettuce, tomato, onion, cheddar cheese, & our signature house sauce, accompanied by cajun fries & onion rings.

£14.50

### Grilled Chicken Burger **H**

Grilled chicken served in a brioche bun with lettuce, cheddar cheese, tomato, onion, ezme & mayo, accompanied by cajun fries & onion rings.

£13.50

### Halloumi Burger **V** **H**

Grilled halloumi & avocado served in a brioche bun with lettuce, sweet chilli, mayo, accompanied by cajun fries & onion rings.

£12.50

## MAINS SELECTION

### Grilled Köfte **H**

Chargrilled Turkish-style Köfte served on lavash bread with crispy cajun baby potatoes, mix salad, humus, tzatziki, ezme salad, piyaz & grilled green pepper.

£16.50

### Grilled Chicken **H**

Chargrilled Turkish-style chicken breast served on lavash bread with crispy cajun baby potatoes, mix salad, humus, tzatziki, ezme salad, piyaz & grilled green pepper.

£16.50



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## OMELETTES

All Served with Cajun Fries & Salad

1 Topping	£11.50
2 Toppings	£12.50
3 Toppings	£13.50
Extra Topping	£1.90

### Options:

Cheddar, Mushroom, Spinach, Onion, Tomato, Mixed Pepper, Bacon, Turkey Rashers, Sucuk

## CIABATTA

Tuna Melt	£7.00
Tomato, Basil, Mozzarella <b>V</b>	£7.00
Tomato, Avocado, Mozzarella & Pesto <b>V</b>	£8.00
Chicken, Mozzarella & Pesto	£9.50
Chicken Escalope Cheese, Lettuce & Mayo	£9.50
Halloumi, Sucuk & Tomato	£8.50

## WRAPS

Chicken Wrap	£9.50
Salad, Tomato & Chilli Sauce	
Falafel Wrap <b>VG</b>	£8.50
Hummus, Salad & Chilli Sauce	
Halloumi Wrap <b>V</b>	£8.50
Salad, Avocado, Sweet Chilli & Mayo	
Köfte Wrap	£9.50
Salad, Tzatziki & Chilli Sauce	

## EXTRA & SIDES

Any Style Eggs <b>V</b>	£2.90	Veggie Sausage <b>V</b>	£2.80
Avocado <b>VG</b>	£3.50	Hashbrown <b>VG</b>	£2.20
Feta Borek <b>V</b>	£3.50	Smoked Salmon	£4.50
Cajun Fries <b>VG</b>	£3.50	Portobello Mushroom <b>VG</b>	£2.20
Turkey Rashers <b>H</b>	£2.80	Sautéed Spinach <b>VG</b>	£2.50
Streaky Bacon	£2.80	Halloumi <b>V</b>	£3.50
Beef Sausage <b>H</b>	£2.80	Beans <b>V</b>	£1.80
Cumberland Sausage	£2.80	Sourdough <b>VG</b>	£2.50
Sucuk <b>H</b>	£2.80	Gluten Free Bread <b>GF</b>	£2.50
Vegan Sausage <b>VG</b>	£2.80		

## SPECIALITY COFFEES

	Iced	Hot
Double Espresso		£2.80
Turkish Coffee		£3.40
Macchiato		£3.00
Americano	£3.80	£3.20
Cortado		£3.10
Flat White		£3.50
Cappuccino		£3.60
Latte	£4.00	£3.70
Spanish Latte	£4.40	£4.00
Pistachio Latte	£4.40	£4.00
Mocha	£4.30	£3.80
White Mocha	£4.30	£3.80
Chai Latte	£4.20	£3.80
Hot Chocolate		£3.60

## TEAS

English Breakfast	£3.00	Jasmine	£3.10
English Breakfast Decaf	£3.00	Camomile	£3.10
Earl Grey	£3.00	Peppermint	£3.00
Green Tea	£3.00		

## MATCHAS

	Iced	Hot
Matcha Latte	£4.20	£3.80
Strawberry Matcha Latte	£4.50	
Blueberry Matcha Latte	£4.50	
Pistachio Matcha Latte	£4.50	£4.00
Spanish Matcha Latte	£4.50	£4.00
White Chocolate Macha Latte	£4.50	£4.00

## EXTRAS

Syrups	50p
Choose from: Vanilla, Caramel, Hazelnut, White Chocolate, Pistachio, Strawberry & Blueberry	
Alternative Milk	50p
Choose from: Oat, Coconut, Almond & Soya	
Extra Shot	50p

## FRESHLY SQUEEZED

Orange	£5.50	Mixed	£5.90
Apple	£5.50	Orange, Carrot & Ginger	
Carrot	£5.50	Ginger Shot	£3.00
		Apple & Ginger	

## SMOOTHIES

Berry Go	£5.75
Strawberry, Blackberry & Raspberry	
Strawberry Split	£5.75
Strawberry & Banana	
Pash 'N' Shoot	£5.75
Passion Fruit, Mango & Pineapple	
Coco Loco	£5.75
Coconut, Mango, Pineapple, Mint & Lime	
Avo-Go-Go	£5.75
Avocado, Mango, Spinach, Broccoli, Coconut, Lime & Ginger	
Kale Kick	£5.75
Kale, Mango & Spinach	
Detox Zing	£5.75
Blueberry, Ginger, Carrot, Courgette & Banana	

## SOFT DRINKS

Still Water	£2.00
Perrier	£2.30
Coke	£2.30
Diet Coke	£2.30
Fanta	£2.30
Lemonaid	£3.30
Choose from: Lime   Passion Fruit   Blood Orange   Ginger	
ChariTea Black	£3.30
Black Tea with Lemon	
ChariTea Mate	£3.30
Organic Mate & Organic Black Tea	
ChariTea Red	£3.30
Rooibos Tea with Passion Fruit	

## KIDS MENU £7.50 each

Pancakes <b>V</b>
Fresh Fruits, Vanilla Mascarpone & Maple Syrup
Sausage, Chips & Beans or Carrots
Nuggets, Chips & Beans or Carrots